



DEPARTMENT OF THE NAVY

COMMANDING OFFICER
NAVAL AIR STATION
700 AVENGER AVENUE
LEMOORE, CALIFORNIA 93245-5001

NASLEMINST 5100.15 CH-3
014

16 JUL 1997

NAS LEMOORE INSTRUCTION 5100.15 CHANGE TRANSMITTAL 3

From: Commanding Officer, Naval Air Station, Lemoore

Subj: NAVAL AIR STATION LEMOORE RECREATION, ATHLETICS AND HOME
SAFETY PROGRAM

1. Purpose. To transmit change 3 to the basic instruction.
2. Action. Enclosure (1), page 2, paragraph 1b(1), delete last sentence, and substitute sentence "Initiate and track corrective action for safety deficiencies and notify RAHS Program Manager of deficiencies noted."



L. D. CHILDRESS

Distribution: (NASLEMINST 5215.2V)
Lists B and E



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NASLEMINST 5100.15 CH-2
014

27 JUN 1996

NAS LEMOORE INSTRUCTION 5100.15 CHANGE TRANSMITTAL 2

From: Commanding Officer, Naval Air Station, Lemoore

Subj: NAVAL AIR STATION LEMOORE RECREATION, ATHLETICS AND HOME
SAFETY PROGRAM

1. Purpose. To issue pen and ink changes to basic instruction.
2. Action. Make the following pen and ink changes:
 - a. Page 1, Ref: (h), change to read "(g)".
 - b. Enclosure (1), page 2, paragraph 1a(9), second line change reference (h) to read "(g)", and last sentence change (h) to read "(g)".
 - c. Enclosure (1), page 3, add sentence at the end of paragraph 1d(2) "Ensure bicyclists ride on bike paths where available."

D. E. Bealer
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Acting

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NASLEMINST 5100.15 CH-1
014

22 AUG 1995

NAS LEMOORE INSTRUCTION 5100.15 CHANGE TRANSMITTAL 1

From: Commanding Officer, Naval Air Station, Lemoore

Subj: NAVAL AIR STATION LEMOORE RECREATION, ATHLETICS AND HOME
SAFETY PROGRAM

Encl: (1) Revised page 3 and new page 4 of Enclosure (1)

1. Purpose. To issue changes to basic instruction.

2. Action

a. Change reference (f) to read OPNAVINST 1700.9D

b. Replace page 3 of enclosure (1) of basic instruction with
enclosure (1) of change transmittal.


G. C. WOOLDRIDGE

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NASLEMINST 5100.15

014

01 JUN 1995

NAS LEMOORE INSTRUCTION 5100.15

From: Commanding Officer, Naval Air Station, Lemoore

Subj: NAVAL AIR STATION LEMOORE RECREATION, ATHLETICS AND HOME SAFETY PROGRAM

Ref: (a) SECNAVINST 5100.10G
(b) OPNAVINST 5100.25A
(c) NMPC 1710.6A
(d) OPNAVINST 5100.23D
(e) BUPERSINST 1710.20
(f) OPNAVINST 1700.9C
(h) OPNAVINST 5102.1C

Encl: (1) Recreation, Athletics and Home Safety Program

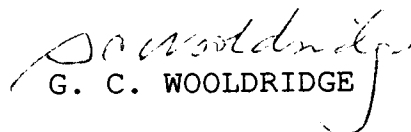
1. Purpose. To provide command policy and guidance for implementation of the Navy Recreation, Athletics and Home Safety Program.

2. Background. Reference (a) assigns Chief of Naval Operations the responsibility for accident prevention and safety program development including a Navy safety program involving sports and home related hazards. Reference (b) directs commanding officers to ensure that an active and comprehensive recreation, athletics and home safety program is implemented.

3. Applicability. This program applies to all Navy military personnel, ashore and afloat, on or off base. It also applies to any other person, including civilians and Navy military dependents participating in recreational or athletic activities on base.

4. Policy. It is the policy of the Commanding Officer to ensure every available means is utilized to prevent death, injury and illness to personnel covered by this instruction.

5. Action. All Navy civilian and military personnel shall become familiar with the contents of this instruction and ensure full compliance with the policies, procedures and guidance.


G. C. WOOLDRIDGE

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List B and E

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RECREATION, ATHLETICS AND HOME SAFETY PROGRAM**1. Responsibilities**

a. The Recreation, Athletics and Home Safety (RAHS) Program Manager is appointed in writing by the Commanding Officer and is assigned to the Occupational Safety and Health Office. The RAHS Program Manager shall:

(1) Distribute safety awareness information and material to department and tenants commands as applicable.

(2) Participate in the evaluation of plans and specifications of recreational facilities prior to acquisition to ensure hazards are eliminated. Ensure recommendations for improvements are submitted in writing to the cognizant purchasing authority.

(3) Conduct inspections of Morale, Welfare and Recreation (MWR) facilities jointly with MWR facility managers to identify hazards and ensure abatement is implemented. The Naval Safety Center's Recreation, Athletics and Home Safety Checklists may be used to cite deficiencies and help correct hazards.

(4) Inspect recreational facilities and equipment at least annually. Inspection criteria identified in reference (c) will be used for swimming pools. For other recreational facilities, Navy standards will be cited where applicable. In cases where no Navy standards are available, the consensus standards and regulations adopted for Navy use in reference (d) and (e) will be used. Child Development Centers and Navy Youth Programs will be inspected as required by references (f) and (g).

(5) Conduct trend analyses of hazardous recreation facilities including swimming pools, automotive and other hobby shops, and athletic areas to determine the need for more frequent inspections. Sources of information include mishap reports and dispensary records as well as the military off-duty log.

(6) Provide the official in charge of the inspected facility a written report no later than 15 working days after the inspection.

(7) Conduct follow-up inspections to verify corrections have been made and document action taken in Section C of OPNAV Form 5100/12 or an equivalent computerized form.

(8) Ensure personnel receive appropriate recreation, athletic and home safety training every quarter as outlined in

Encl (1)

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reference (b). Ensure records are kept for a minimum of two years.

(9) Investigate and report injuries and deaths of military and civilian personnel and dependents per reference (h). Record all off-duty mishaps on an off-duty log involving assigned military personnel which result in deaths and injuries (lost workday case, no lost workday case and first aid case) as defined in reference (h).

b. MWR Director

(1) Ensure all MWR facilities and equipment are inspected daily by each facility manager. Ensure playing fields and areas are free of obstructions and slippery or unsafe surfaces. Prior to and after each sport season, inspect fields and playing areas and submit deficiencies to public works for correction. Notify RAHS Program Manager of deficiencies noted.

(2) Notify RAHS Program Manager of all mishaps involving facilities and equipment.

(3) Establish an objective verbal, written or skills test to determine the qualification of patrons using hazardous recreational facilities and equipment. Qualification tests available from Commander, Naval Safety Center (Code 46) are suitable for this purpose. As a minimum, spray painting operations and hydraulic lifts in automotive hobby shops, power tools in woodworking hobby shops, and recreational watercraft will be included. Emphasis will be placed on safety precautions, proper use of equipment guards and personal protective equipment. Evaluations shall be recorded. Evidence of successful completion of prior training for any of these activities, such as the U.S. Coast Guard Small Boat Safety Course, is proof of qualification.

(4) Enforce use of personal protective equipment for patrons participating in recreational and athletic activities and using government property on and off base per reference (b).

(5) Advise patrons involved in spray painting of health hazards in writing, require the wearing of appropriate designed and fitted respiratory protective equipment if applicable, give instruction in its use and monitor patrons closely to ensure familiarity with equipment. Have command safety or health personnel determine if patrons will be required to undergo a medical examination prior to spray painting.

(6) Conduct pre-season sports clinics which include physical conditioning programs for intramural league players,

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rules for safe play and use of personal protective equipment to minimize injuries.

(7) Sponsor pre-season intramural league meetings for coaches and officials on sports rules, regulations and safety measures.

(8) Ensure recreational and athletic equipment purchased for Navy use conforms, as applicable, with safety guidelines established by nationally recognized consensus agencies such as the American National Standards Institute (ANSI) for tools, Consumer Product Safety Commission (CPSC) for playground equipment, and regulations cited in reference (e). Departments purchasing equipment should include in the remarks section of the purchase request a statement referring to the applicable standard. The comprehensive list of consensus standards developed for this purpose by Commander, Naval Safety Center (Code 46) will be used.

c. Department Heads

(1) Ensure supervisors conduct quarterly recreational, athletics and home safety hazard awareness training that is seasonally and geographically appropriate. Topics should include recreation, athletics and home safety. Documentation of training, including topic, names of attendees and date of training shall be forwarded to the Occupational Safety and Health Office.

(2) Notify the RAHS program manager of injuries sustained by military personnel participating in recreational, athletic or home activities on or off base. Include injuries sustained by civilians and dependents engaged in recreational or athletic activities that occur because of Navy operations on or off government property. Examples include injuries caused by missing guards on power saws and faulty playground equipment.

d. Security Department

(1) Ensure joggers wear light colored clothing and run on sidewalks and jogging paths if available. During reduced visibility conditions, reflective clothing will be worn.

(2) Ensure bicyclists riding on Navy activity streets and roadways wear an American National Standard or Snell Memorial Foundation approved bicycle safety helmet. Light colored clothing will be worn. During reduced visibility conditions, reflective clothing will be worn.

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(3) Ensure in-line skaters wear American National Standard Institute (ANSI) approved helmets on streets, roadways and public access areas such as parking lots. All skaters shall wear light colored clothing. During restricted visibility conditions, reflective clothing shall be worn. Elbow pads, knee and gloves are strongly recommended.